

Dear brothers and sisters:

This is a prayer guide prayer for our daily encounter with Jesus during this marathon of 72 hours.

We open our hearts to God the Father and dialoguing intimately with him, using our simple and spontaneous words and knowing that He is listening to us

**COME, Holy Spirit, Creator
blest,**

and in our souls take up Thy
rest;
come with Thy grace and
heavenly aid
to fill the hearts which Thou
hast made.

O comforter, to Thee we cry,
O heavenly gift of God Most
High,
O fount of life and fire of love,
and sweet anointing from
above.

Thou in Thy sevenfold gifts are
known;
Thou, finger of God's hand we
own;
Thou, promise of the Father,
Thou
Who dost the tongue with
power imbue.

Kindle our sense from above,
and make our hearts o'erflow
with love;
with patience firm and virtue
high

the weakness of our flesh
supply.

Far from us drive the foe we
dread,
and grant us Thy peace instead;
so shall we not, with Thee for
guide,
turn from the path of life aside.

Oh, may Thy grace on us
bestow
the Father and the Son to know;
and Thee, through endless times
confessed,
of both the eternal Spirit blest.

Now to the Father and the Son,
Who rose from death, be glory given,
with Thou, O Holy Comforter,
henceforth by all in earth and heaven.
Amen.

COME, Holy Spirit, fill the hearts of Thy faithful and kindle in them the fire of
Thy love.

V. Send forth Thy Spirit and they shall be created

R. And Thou shalt renew the face of the earth.

Let us pray:

O GOD, Who taught the hearts of the faithful by the light of the Holy Spirit, grant
that, by the gift of the same Spirit, we may be always truly wise, and ever rejoice
in His consolation. Through Christ our Lord. Amen.

HYMN

The glory of these forty days

We celebrate with songs of praise;
For Christ, by whom all things were made,
Himself has fasted and has prayed.

Alone and fasting Moses saw
The loving God who gave the law;
And to Elijah, fasting, came
The steeds and chariots of flame.

So Daniel trained his mystic sight,
Deliver'd from the lions' might;
And John, the Bridegroom's friend, became
The herald of Messiah's name.

Then grant us, Lord, like them to do
Such things as bring great praise to you;
Our spirits strengthen with your grace
And give us joy to see your face.

O Father, Son, and Spirit blest,
To you be every prayer addressed
And by all mankind be adored,
From age to age, the only Lord.

Psalm 69

Prayer for Deliverance from Persecution

To the leader: according to Lilies. Of David.

¹ Save me, O God,
for the waters have come up to my neck.

² I sink in deep mire,
where there is no foothold;
I have come into deep waters,
and the flood sweeps over me.

³ I am weary with my crying;
my throat is parched.

My eyes grow dim
with waiting for my God.

⁴ More in number than the hairs of my head
are those who hate me without cause;
many are those who would destroy me,
my enemies who accuse me falsely.
What I did not steal
must I now restore?

⁵ O God, you know my folly;
the wrongs I have done are not hidden from you.

⁶ Do not let those who hope in you be put to shame because of me,
O Lord GOD of hosts;
do not let those who seek you be dishonored because of me,
O God of Israel.

⁷ It is for your sake that I have borne reproach,
that shame has covered my face.

⁸ I have become a stranger to my kindred,
an alien to my mother's children.

⁹ It is zeal for your house that has consumed me;
the insults of those who insult you have fallen on me.

¹⁰ When I humbled my soul with fasting,^[a]
they insulted me for doing so.

¹¹ When I made sackcloth my clothing,
I became a byword to them.

¹² I am the subject of gossip for those who sit in the gate,
and the drunkards make songs about me.

¹³ But as for me, my prayer is to you, O LORD.
At an acceptable time, O God,
in the abundance of your steadfast love, answer me.

With your faithful help ¹⁴ rescue me
from sinking in the mire;
let me be delivered from my enemies
and from the deep waters.

¹⁵ Do not let the flood sweep over me,
or the deep swallow me up,
or the Pit close its mouth over me.

¹⁶ Answer me, O LORD, for your steadfast love is good;
according to your abundant mercy, turn to me.

¹⁷ Do not hide your face from your servant,
for I am in distress—make haste to answer me.

¹⁸ Draw near to me, redeem me,
set me free because of my enemies.

¹⁹ You know the insults I receive,
and my shame and dishonor;
my foes are all known to you.

²⁰ Insults have broken my heart,
so that I am in despair.

I looked for pity, but there was none;
and for comforters, but I found none.

²¹ They gave me poison for food,
and for my thirst they gave me vinegar to drink.

²² Let their table be a trap for them,
a snare for their allies.

²³ Let their eyes be darkened so that they cannot see,
and make their loins tremble continually.

²⁴ Pour out your indignation upon them,
and let your burning anger overtake them.

²⁵ May their camp be a desolation;
let no one live in their tents.

²⁶ For they persecute those whom you have struck down,
and those whom you have wounded, they attack still more.^[b]

²⁷ Add guilt to their guilt;
may they have no acquittal from you.

²⁸ Let them be blotted out of the book of the living;
let them not be enrolled among the righteous.

²⁹ But I am lowly and in pain;
let your salvation, O God, protect me.

³⁰ I will praise the name of God with a song;
I will magnify him with thanksgiving.

³¹ This will please the LORD more than an ox
or a bull with horns and hoofs.

³² Let the oppressed see it and be glad;
you who seek God, let your hearts revive.

³³ For the LORD hears the needy,
and does not despise his own that are in bonds.

³⁴ Let heaven and earth praise him,
the seas and everything that moves in them.
³⁵ For God will save Zion
and rebuild the cities of Judah;
and his servants shall live^[c] there and possess it;
³⁶ the children of his servants shall inherit it,
and those who love his name shall live in it.

Psalm 63

Comfort and Assurance in God's Presence

A Psalm of David, when he was in the Wilderness of Judah.

¹ O God, you are my God, I seek you,
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no water.
² So I have looked upon you in the sanctuary,
beholding your power and glory.
³ Because your steadfast love is better than life,
my lips will praise you.
⁴ So I will bless you as long as I live;
I will lift up my hands and call on your name.
⁵ My soul is satisfied as with a rich feast,^[a]
and my mouth praises you with joyful lips
⁶ when I think of you on my bed,
and meditate on you in the watches of the night;
⁷ for you have been my help,
and in the shadow of your wings I sing for joy.
⁸ My soul clings to you;
your right hand upholds me.
⁹ But those who seek to destroy my life
shall go down into the depths of the earth;
¹⁰ they shall be given over to the power of the sword,
they shall be prey for jackals.
¹¹ But the king shall rejoice in God;
all who swear by him shall exult,
for the mouths of liars will be stopped.

John 4:5-15 New Revised Standard Version Catholic Edition (NRSVCE)

Jesus and the Woman of Samaria

So he (Jesus) came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷ A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.)^[b] ¹⁰ Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹ The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" ¹³ Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

John 19:25-34 New Revised Standard Version Catholic Edition (NRSVCE)

Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. ²⁶ When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, "Woman, here is your son." ²⁷ Then he said to the disciple, "Here is your mother." And from that hour the disciple took her into his own home.

²⁸ After this, when Jesus knew that all was now finished, he said (in order to fulfill the scripture), "I am thirsty." ²⁹ A jar full of sour wine was standing there. So they put a sponge full of the wine on a branch of hyssop and held it to his mouth.

³⁰ When Jesus had received the wine, he said, "It is finished." Then he bowed his head and gave up his spirit.

Jesus' Side Is Pierced

³¹ Since it was the day of Preparation, the Jews did not want the bodies left on the cross during the sabbath, especially because that sabbath was a day of great solemnity. So they asked Pilate to have the legs of the crucified men broken and the bodies removed. ³² Then the soldiers came and broke the legs of the first and of the other who had been crucified with him. ³³ But when they came to Jesus and saw that he was already dead, they did not break his legs. ³⁴ Instead, one of the soldiers pierced his side with a spear, and at once blood and water came out.

In the Gospel of John 4:7 , Jesus who is God, maker of the universe, made man for us, asks the Samaritan woman, an essential need for human existence : water to drink.

Then He adds (John 4:13) : “whoever drinks this water will be thirsty again, but no one who drinks the water that I shall give will ever be thirsty again”.

Our Lord promises us that by drinking of “his water”, “his grace” and “mercy” we will be fulfilled for eternity but not exepemted from earthly sufferings.

Love requires sacrifices, the same love shown by Jesus on the cross when He says to us

‘ I thirst

I thirst foe you, for your being,

for your capacity to lov, because you were created to love.

I thirst for your frailty and for your abandonement to me/

I thirst for you, because as water is needed to live, you need me to gain and enjoy the eternal life.

I thirst for you to quench the thirst of the world”.

Litany of the Passion of Christ

Lord, have mercy on us.	<i>Christ, have mercy on us.</i>
Lord, have mercy on us.	
Christ, hear us.	<i>Christ, graciously hear us.</i>
God the Father of Heaven,	<i>Have mercy on us.</i>
God the Son, Redeemer of the	
world,	<i>Have mercy on us.</i>
God the Holy Spirit,	<i>Have mercy on us.</i>
Holy Trinity, One God,	<i>Have mercy on us.</i>
Jesus, the eternal Wisdom,	<i>Have mercy on us.</i>
Jesus, conversing with men,	<i>Have mercy on us.</i>
Jesus, hated by the world,	<i>Have mercy on us.</i>
Jesus, sold for thirty pieces of	<i>Have mercy on us.</i>
silver,	<i>Have mercy on us.</i>
Jesus, prostrate in prayer,	<i>Have mercy on us.</i>
Jesus, strengthened by an angel,	<i>Have mercy on us.</i>
Jesus, agonizing in a bloody	
sweat,	<i>Have mercy on us.</i>
Jesus, betrayed by Judas with a	<i>Have mercy on us.</i>
kiss,	<i>Have mercy on us.</i>
Jesus, bound by the soldiers,	<i>Have mercy on us.</i>
Jesus, forsaken by your	
disciples,	<i>Have mercy on us.</i>
Jesus, before Annas and	<i>Have mercy on us.</i>
Caiaphas,	<i>Have mercy on us.</i>
Jesus, struck by a servant on the	<i>Have mercy on us.</i>
face,	<i>Have mercy on us.</i>
Jesus, accused by false	<i>Have mercy on us.</i>
witnesses,	<i>Have mercy on us.</i>
Jesus, declared worthy of death,	
Jesus, spit upon in the face,	<i>Have mercy on us.</i>
Jesus, blindfolded,	<i>Have mercy on us.</i>
Jesus, smitten on the cheek,	<i>Have mercy on us.</i>
Jesus, thrice denied by Peter,	<i>Have mercy on us.</i>
Jesus, delivered up to Pilate,	<i>Have mercy on us.</i>

Jesus, despised and mocked by Herod, *Have mercy on us.*
Jesus, clothed in a white garment, *Have mercy on us.*
Jesus, rejected for Barabbas, *Have mercy on us.*
Jesus, torn by scourges, *Have mercy on us.*
Jesus, bruised for our sins, *Have mercy on us.*
Jesus, regarded as a leper, *Have mercy on us.*
Jesus, covered with a purple robe, *Have mercy on us.*
Jesus, crowned with thorns, *Have mercy on us.*
Jesus, struck with a reed, *Have mercy on us.*
Jesus, demanded for crucifixion, *Have mercy on us.*
Jesus, condemned to death, *Have mercy on us.*
Jesus, given up to your enemies, *Have mercy on us.*
Jesus, laden with the Cross, *Have mercy on us.*
Jesus, led as a lamb to the slaughter, *Have mercy on us.*
Jesus, stripped of your garments, *Have mercy on us.*
Jesus, fastened with nails to the Cross, *Have mercy on us.*
Jesus, wounded for our iniquities, *Have mercy on us.*
Jesus, praying for your murderers, *Have mercy on us.*
Jesus, reputed with the wicked, *Have mercy on us.*
Jesus, blasphemed on the Cross, *Have mercy on us.*
Jesus, reviled by the malefactor, *Have mercy on us.*
Jesus, giving Paradise to the thief, *Have mercy on us.*
Jesus, commending Saint John to your Mother as her son, *Have mercy on us.*
Jesus, forsaken by your Father, *Have mercy on us.*
Jesus, given gall and vinegar to drink, *Have mercy on us.*
Jesus, testifying that all things written concerning you were accomplished, *Have mercy on us.*
Jesus, commending your spirit into the hands of your Father, *Have mercy on us.*

Jesus, obedient even unto death,
Jesus, pierced with a lance, *Spare us, O Jesus.*
Jesus, made a propitiation for us, *Graciously spare us, O Jesus.*
Jesus, taken down from the
Cross, *Deliver us, O Jesus*
Jesus, laid in a sepulcher, *Deliver us, O Jesus*
Jesus, rising gloriously from the
dead, *Deliver us, O Jesus*
Jesus, ascending into heaven, *Deliver us, O Jesus*
Jesus, our Advocate with the
Father, *Deliver us, O Jesus*
Jesus, sending down the Holy
Spirit, *Deliver us, O Jesus*
Jesus, exalting your Mother, *Deliver us, O Jesus*
Jesus, who shall come to judge
the living and the dead, *Deliver us, O Jesus*

Be merciful,
Be merciful, *Deliver us, O Jesus*

From all evil, *Deliver us, O Jesus*
From all sin, *Deliver us, O Jesus*
From anger, hatred, and every
evil will, *Deliver us, O Jesus*
From war, famine, and
pestilence, *Deliver us, O Jesus*
From all dangers of mind and
body,
From everlasting death,
Through your most pure
conception,
Through your miraculous
nativity,
Through your humble
circumcision,
Through your baptism and
fasting,
Through your labors and
watchings,

Through your cruel scourging
and crowning,
Through your thirst, and tears,
and nakedness,
Through your precious death and
Cross,
Through your glorious
resurrection and ascension,
Through your sending forth the
Holy Spirit, the Paraclete,

On the day of judgment, we
sinners,
That you would spare us,
That you would pardon us,
That you would bring us to true
penance,
That you would pour into our
hearts the grace of the Holy
Spirit,
That you would defend and
propagate your Church,
That you would preserve and
increase all societies assembled
in your holy Name,
That you would bestow upon us
true peace, humility, and charity,
That you would give us
perseverance in grace and in
your holy service,
That you would deliver us from
unclean thoughts, the
temptations of the devil, and
everlasting damnation,
That you would unite us to the
company of your Saints,
That you would graciously hear
us,

We beseech you, hear us.

We beseech you, hear us.

We beseech you, hear us.

We beseech you, hear us.

We beseech you, hear us.

We beseech you, hear us.

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We beseech you, hear us.

We beseech you, hear us.

We beseech you, hear us.

We beseech you, hear us.

We beseech you, hear us.

Spare us, O Lord.

Graciously hear us, O Lord.

Lamb of God, you take away the
sins of the world;

Lamb of God, you take away the *Have mercy on us.*
sins of the world;

Christ, graciously hear us

Lamb of God, you take away the
sins of the world;

Christ, have mercy

Christ hear us.

Lord, have mercy.

Lord, have mercy.

We adore you, O Christ, and we bless you, because by your holy
Cross you have redeemed the world.

Radiating Christ

Dear Jesus, help me to spread Your fragrance wherever I go.

Flood my soul with Your spirit and life.

Penetrate and possess my whole being so utterly, that my life may only be a
radiance of Yours.

Shine through me, and be so in me that every soul I come in contact with may feel
Your presence in my soul.

Let them look up and see no longer me, but only Jesus!

Stay with me and then I shall begin to shine as You shine, so to shine as to be a
light to others.

The light, O Jesus, will be all from You; none of it will be mine.

It will be you, shining on others through me.

Let me thus praise You the way You love best, by shining on those around me.

Let me preach You without preaching, not by words but by my example, by the catching force of the sympathetic influence of what I do, the evident fullness of the love my heart bears to You.

Amen.

(J.H. Newman)

Jesus is God, therefore His Love,

His Thirst is infinite.

He the Creator of the universe

Asked for the love of his creatures.

He thirsts for our love..

These words : I Thirst'

- Do they echo in our souls?

Saint Mother Theresa of Calcutta

Holy Rosary

Chaplet of the Divine Mercy

God Bless you!!!

www.72hoursforjesus.org