

## 72 HOURS FOR JESUS PRAYER GUIDE

Dear brothers and sisters,

This is a prayer guide for our daily meeting with Jesus in this marathon.

Let-s open our hearts to God, let-s have an intimate dialogue with Him , using our own words and knowing that He is hearing us .

Come Spirit of Love and Peace

Come, Spirit of love and peace! Spirit of communion, soul and strength of the Church, grant that wealth of charisms and ministries may contribute to the unity of the Body of Christ; grant that laity, consecrated persons and ordained ministers may work together in harmony to build the one Kingdom of God. Spirit of consolation, unfailing source of joy and peace, inspire solidarity with the poor, grant the sick the strength they need, pour our trust and hope upon those experiencing trials, awaken in all hearts a commitment to a better future. Come, Spirit of love and peace! Spirit of wisdom, inspiration of minds and hearts, direct science and technology to the service of life, justice and peace. Render fruitful our dialogue with the followers of other religions, lead the different cultures to appreciate the values of the Gospel. Spirit of life, by whose power the Word was made flesh in the womb of the Virgin Mary, the woman of attentive silence, make us docile to the promptings of your love and ever ready to accept the signs of the times which you place along the paths of history. Come, Spirit of love and peace! To you, Spirit of love, with the Almighty Father and the Only-Begotten Son, be praise, honour and glory for ever and ever.  
Amen

Saint John Paul II

The source of peace is in the human heart

Peace is born in the human heart, in humility accepting our own's limitations and weaknesses. "Let ourselves be led by the Immaculate" this is the secret to live in serenity and build peace .

The source of happiness and peace is not out but within us. We profit from each single thing to exercise our souls in patience, obedience, poverty and other virtues of

Christian life, and the crosses are no longer so much heavy .  
We are therefore confident in Divine Providence, in

Will the Immaculate Conception, and we remain confident that God allows everything in view of a greater good.

Moreover, we proclaim that through the Immaculate all we can: then prove this with facts. We place in Her our trust (SK 935).

Let us lead you to be along a well paved and comfortable road , both along the bumpy and difficult one . Even the fallen must never be discouraged there.

You need only one act of love - the love that comes not from sentiment , but only by the will - because a fall might turn into a even greater advantage.

St. Therese of the Child Jesus writes that it was now resigned to the fact that she would be always imperfect, because it is difficult not to be, as we are not in heaven yet . The falls teach us not to rely on ourselves, but to put all our trust in God's hands, and in the hands of the Immaculate (SK 937).

Do not ever grieve for your flaws, but entrust them completely to the Immaculate , to let Her transform them in a greater good. Commit yourself to let you lead in all things by the Immaculate , to accept whatever she will send you and to be always calm : to be a real child of the Immaculate (SK 824).

St Maximiliano Kolbe

Inner peace

( Optional Listening)

Music:

<http://www.youtube.com/watch?v=SCwPWI8tygE>

Let's ask our Lord to grant us the grace to look into ourselves and realize what is missing to obtain the peace in our hearts .

**Peace is the simplicity of spirit, peace of mind, peace of soul, the bond of love**

**(Padre Pío)**

So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift.

Matthew 5 :23-24

### **Make Me an Instrument of Your Peace**

Lord, make me an instrument of Your peace.

Where there is hatred, let me sow love; where there is injury,  
pardon; where there is doubt, faith; where there is despair, hope;  
where there is darkness, light; where there is sadness, joy.

O, Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love;

For it is in giving that we receive; it is in pardoning that we are pardoned;  
it is in dying that we are born again to eternal life.

Saint Francis Of Assisi

### **Blessed Francis Mary Libermann (1804-1852)**

**Extracts of letters of spiritual direction.**

**The peace of Jesus reign in the soul**

The most valuable tools to establish in us the wondrous kingdom of Jesus are exactly the spirit of continual prayer and peace of soul. Keep in mind this truth and fix it firmly in your mind and heart, the most important and also infallible way to be always in this state of constant prayer is to keep our own soul in peace facing our Lord. Take heed to the words "keep our soul in peace" 'are terms used by our divine Master. It is necessary that your soul has to be meditating in itself, or, rather, that in Jesus dwells in it, not imprisoned and locked by a bolt of iron, but a sweet, gentle rest in Jesus that holds it in His arms. The effort and tension constrict the soul, but a sweet rest, a clear course of action, an action of inner calm, measured and calm, can expand it.

## **The Word of God**

Peace I leave with you; my peace I give to you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not let them be afraid. You heard me say to you, 'I am going away, and I am coming to you.' If you loved me, you would rejoice that I am going to the Father, because the Father is greater than I. And now I have told you this before it occurs, so that when it does occur, you may believe. I will no longer talk much with you, for the ruler of this world is coming. He has no power over me; but I do as the Father has commanded me, so that the world may know that I love the Father. Rise, let us be on our way.

John 14 : 27-31

Comment:

The peace of Jesus is rooted in the Paschal mystery  
. Does not look like a bill of Insurance  
against accidents of life. It is rather like a tree  
tending its branches towards the High. It keeps you tightly  
united with God in Jesus in his death and resurrection.  
It 'fruits' yes it fruits peace of the Spirit in your  
days. Today in my pause for silent contemplation, I leave resonates  
in me the words of Jesus:  
"I leave you peace, my peace I give you."  
I surrender myself to Him and tell Him with my heart:  
give me your peace! Is enough !!!

(Hermitage of St. Blaise)

### **Prayer for Peace of Pope Francis.**

Lord God of peace, hear our prayer! We have tried so many times and over so many years to resolve our conflicts by our own powers and by the force of our arms. How many moments of hostility and darkness have we experienced; how much blood has been shed; how many lives have been shattered; how many hopes have been buried... But our efforts have been in vain. Now, Lord, come to our aid! Grant us peace, teach us peace; guide our steps in the way of peace. Open our eyes and our hearts, and give us the courage to say: "Never again war!"; "With war everything is lost". Instil in our hearts the courage to take concrete steps to achieve peace. Lord, God of Abraham, God of the Prophets, God of Love, you created us and you call us to live as brothers and sisters. Give us the strength daily to be instruments of peace; enable us to see everyone who crosses our path as our brother or sister. Make us sensitive to the plea of our citizens who entreat us to turn our weapons of war into implements of peace, our trepidation into confident trust, and our quarreling into forgiveness. Keep alive within us the flame of hope, so that with patience and perseverance we may opt for dialogue and reconciliation. In this way may peace triumph at last, and may the words "division", "hatred" and "war" be banished from the heart of every man and woman. Lord, defuse the violence of our tongues and our hands. Renew our hearts and minds, so that the word which always brings us together will be "brother", and our way of life will always be that of: Shalom, Peace, Salaam! Amen.

### **Prayer of Consecration to the Sacred Heart of Jesus to St. Margaret Mary Alacoque**

I give myself and consecrate to the Sacred Heart of our Lord Jesus Christ, my person and my life, my actions, pains and sufferings, so that I may be unwilling to make use of any part of my being other than to honor, love and glorify the Sacred Heart. This is my unchanging purpose, namely, to be all His, and to do all things for the love of Him, at the same time renouncing with all my heart whatever is displeasing to Him. I therefore take You, O Sacred heart, to be the only object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life and my sure refuge at the hour of death.

Be then, O Heart of goodness, my justification before God the Father, and turn away from me the strokes of his righteous anger. O Heart of love, I put all my confidence in You, for I fear everything from my own wickedness and frailty, but I hope for all things from Your goodness and bounty.

Remove from me all that can displease You or resist Your holy will; let your pure love imprint Your image so deeply upon my heart, that I shall never be able to forget You or to be separated from You.

May I obtain from all Your loving kindness the grace of having my name written in Your Heart, for in You I desire to place all my happiness and glory, living and dying in bondage to You.

Amen.

**We entrust ourselves to our Queen of Peace with all our heart praying the**

**Holy Rosary**

**We entrust ourselves to the Sacred Heart of Jesus praying**

**The Chaplet of the Divine Mercy**

Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit.

John 20:21