

72 HOURS FOR JESUS PRAYER GUIDE

Dear brothers and sisters,

This is a prayer guide for our daily meeting with Jesus in this marathon.

Let-s open our hearts to God, let-s have an intimate dialogue with Him , using our own words and knowing that He is hearing us .

Prayer to the Holy Spirit

God Almighty, Eternal, Just and Merciful God , grant me miserable to do more , for your grace , what you want , and always to desire what pleases you . Purify my soul because , enlightened by the light of the Holy Spirit and lit by his fire, might follow the example of your Son and our Lord Jesus Christ. Give me to reach to Your grace alone , to You, high and almighty God , who lives and reigns in glory, in perfect Trinity and simple unit , for ever and ever . Amen .
St. Francis of Assisi

Psalm 100

All Lands Summoned to Praise God

A Psalm of thanksgiving.

¹ Make a joyful noise to the LORD, all the earth.

² Worship the LORD with gladness;
come into his presence with singing.

³ Know that the LORD is God.

It is he that made us, and we are his;^[a]
we are his people, and the sheep of his pasture.

⁴ Enter his gates with thanksgiving,
and his courts with praise.

Give thanks to him, bless his name.

⁵ For the LORD is good;
his steadfast love endures for ever,
and his faithfulness to all generations

Psalm 23

The Divine Shepherd

A Psalm of David.

¹The LORD is my shepherd, I shall not want.

² He makes me lie down in green pastures;
he leads me beside still waters;^[a]

³ he restores my soul.^[b]

He leads me in right paths^[c]
for his name's sake.

⁴Even though I walk through the darkest valley,^[d]

I fear no evil;
for you are with me;
your rod and your staff—
they comfort me.

⁵You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

⁶Surely^[e] goodness and mercy^[f] shall follow me
all the days of my life,
and I shall dwell in the house of the LORD
my whole life long.

Hebrews 4:12-16

¹²For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and spirit, of joints and marrow, and discerning the thoughts and intentions of the heart. ¹³And before him no creature is hidden, but all are open and laid bare to the eyes of him with whom we have to do.

¹⁴Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. ¹⁵For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sinning. ¹⁶Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

John 10:9-18 New Revised Standard Version, Anglicised Catholic Edition (NRSVACE)

⁹ I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. ¹⁰ The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly.

¹¹ I am the good shepherd. The good shepherd lays down his life for the sheep. ¹² The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. ¹³ The hired hand runs away because a hired hand does not care for the sheep. ¹⁴ I am the good shepherd. I know my own and my own know me, ¹⁵ just as the Father knows me and I know the Father. And I lay down my life for the sheep. ¹⁶ I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. ¹⁷ For this reason the Father loves me, because I lay down my life in order to take it up again. ¹⁸ No one takes ^[a] it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father.'

HOMILY OF HIS HOLINESS POPE FRANCIS

“The meekness and tenderness of the Good Shepherd”

He was meek. One of the signs of the Good Shepherd is *meekness*. The Good Shepherd is meek. A pastor who is not meek is not a good pastor. He has something to hide, because meekness makes itself seen as it is, without defending itself. In addition, a good shepherd is tender; he has that *tenderness of closeness*, he knows the sheep one by one, by name, and he takes care of each one as if it were the only one, to the point that when he returns home tired after a day of work, and realises that one is missing, he goes out to work again in search of that one, and carries it back home with him, on his shoulders (see *Lk 15:4-5*). This is a good shepherd, this is Jesus, this is the one who accompanies us all on the path of life. And this idea of the pastor, this idea of the flock and of the sheep, is a Paschal idea. The Church, in the first week of Easter, sings that beautiful hymn for the newly baptised. “These are the new lambs”. Similar to what we heard at the beginning of the Mass. It is an idea of community, of tenderness, of goodness, of meekness. It is the Church that Jesus wants, and He guards this Church.

Radiating Christ

Dear Jesus, help me to spread Your fragrance wherever I go.

Flood my soul with Your spirit and life.

Penetrate and possess my whole being so utterly, that my life may only be a radiance of Yours.

Shine through me, and be so in me that every soul I come in contact with may feel Your presence in my soul.

Let them look up and see no longer me, but only Jesus!

Stay with me and then I shall begin to shine as You shine, so to shine as to be a light to others.

The light, O Jesus, will be all from You; none of it will be mine.

It will be you, shining on others through me.

Let me thus praise You the way You love best, by shining on those around me.

Let me preach You without preaching, not by words but by my example, by the catching force of the sympathetic influence of what I do,

the evident fullness of the love my heart bears to You.

Amen.

(J.H. Newman)

Prayer for deliverance from evil

O Lord you are great, you are God, you are Father, we pray for the intercession and with the help of the archangels Michael, Gabriel, Raphael, so that our brothers and sisters may be freed from the evil one. From anguish, from sadness, from obsessions. We pray, deliver us o Lord!

From hatred, from fornication, from envy. We pray, deliver us o Lord!

From thoughts of jealousy, of anger, of death. We pray, deliver us o Lord!

From every thought of suicide and abortion. We pray, deliver us o Lord!

From all forms of bad sexuality. We beg you. Deliver us o Lord!

From family division, from every bad friendship. We pray, deliver us o Lord!

From any form of spell, workmanship, witchcraft and any occult evil. We pray, Deliver us o Lord!

Let us pray O Lord who said: "Peace I leave you, my peace I give you", through the intercession of the Virgin Mary, grant us to be freed from every curse and to always enjoy your peace. For Christ our Lord. Amen.

Chaplet of Divine Mercy

Rosary

God Bless You !!!

