

## 72 HOURS FOR JESUS PRAYER GUIDE

Dear brothers and sisters,

This is a prayer guide for our daily meeting with Jesus in this marathon.

Let-s open our hearts to God, let-s have an intimate dialogue with Him , using our own words and knowing that He is hearing us .

### Prayer to the Holy Spirit

Come, O Holy Spirit!

Enlighten my mind to know your commands;

strengthen my heart against the snares of the enemy;

in flame my will...

I have heard your voice, and I don't want to harden myself and resist, saying "Later..., tomorrow."

*Nunc coepi!* Now I begin! In case there is no tomorrow for me.

O Spirit of truth and wisdom, Spirit of understanding and counsel, Spirit of joy and peace! I want whatever you want. I want because you want, I want however you want, I want whenever you want.

Saint Josemaria Escriva

## **Praises to God the Most High**

You are holy, Lord, the only God,  
and Your deeds are wonderful.  
You are strong.  
You are great.  
You are the Most High.  
You are Almighty.  
You, Holy Father are King of heaven\_ and earth.  
You are Three and One, Lord\_God, all Good.  
You are Good, all Good, supreme Good, Lord God, living and true.  
You are love. You are wisdom.  
You are humility. You are endurance.  
You are rest. You are peace.  
You are joy and gladness.  
You are justice and moderation.  
You are all our riches, and You suffice for us.  
You are beauty.  
You are gentleness.  
You are our protector.  
You are our guardian and defender.  
You are our courage. You are our haven and our hope.  
You are our faith, our great consolation.  
You are our eternal life, Great and Wonderful Lord,  
God Almighty, Merciful Saviour.

Saint Francis of Assisi

## **Psalm 100**

### **All Lands Summoned to Praise God**

#### **A Psalm of thanksgiving.**

<sup>1</sup> Make a joyful noise to the LORD, all the earth.

<sup>2</sup> Worship the LORD with gladness;  
come into his presence with singing.

<sup>3</sup> Know that the LORD is God.

It is he that made us, and we are his;<sup>[a]</sup>  
we are his people, and the sheep of his pasture.

<sup>4</sup> Enter his gates with thanksgiving,  
and his courts with praise.

Give thanks to him, bless his name.

<sup>5</sup> For the LORD is good;

his steadfast love endures forever,  
and his faithfulness to all generations.

## Psalm 27

### Triumphant Song of Confidence

#### Of David.

<sup>1</sup> The LORD is my light and my salvation;  
whom shall I fear?

The LORD is the stronghold<sup>[a]</sup> of my life;  
of whom shall I be afraid?

<sup>2</sup> When evildoers assail me  
to devour my flesh—  
my adversaries and foes—  
they shall stumble and fall.

<sup>3</sup> Though an army encamp against me,  
my heart shall not fear;  
though war rise up against me,  
yet I will be confident.

<sup>4</sup> One thing I asked of the LORD,  
that will I seek after:  
to live in the house of the LORD  
all the days of my life,  
to behold the beauty of the LORD,  
and to inquire in his temple.

<sup>5</sup> For he will hide me in his shelter  
in the day of trouble;  
he will conceal me under the cover of his tent;  
he will set me high on a rock.

<sup>6</sup> Now my head is lifted up  
above my enemies all around me,  
and I will offer in his tent  
sacrifices with shouts of joy;  
I will sing and make melody to the LORD.

<sup>7</sup> Hear, O LORD, when I cry aloud,  
be gracious to me and answer me!

<sup>8</sup> "Come," my heart says, "seek his face!"  
Your face, LORD, do I seek.

<sup>9</sup> Do not hide your face from me.  
Do not turn your servant away in anger,  
you who have been my help.  
Do not cast me off, do not forsake me,  
O God of my salvation!

<sup>10</sup> If my father and mother forsake me,  
the LORD will take me up.

<sup>11</sup> Teach me your way, O LORD,  
and lead me on a level path  
because of my enemies.

<sup>12</sup> Do not give me up to the will of my adversaries,  
for false witnesses have risen against me,  
and they are breathing out violence.

<sup>13</sup> I believe that I shall see the goodness of the LORD  
in the land of the living.

<sup>14</sup> Wait for the LORD;  
be strong, and let your heart take courage;  
wait for the LORD!

## Letter of St Paul to the Romans 8:35-39

<sup>35</sup> Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? <sup>36</sup> As it is written,

“For your sake we are being killed all day long;  
we are accounted as sheep to be slaughtered.”

<sup>37</sup> No, in all these things we are more than conquerors through him who loved us. <sup>38</sup> For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, <sup>39</sup> nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

### **HOMILY OF POPE FRANCIS**

*Vatican Basilica, Altar of the Chair  
Monday, 4 November 2013*

The Apostle presents the love of God as the deepest and most compelling reason for Christian trust and hope. He lists the opposing and mysterious forces that can threaten the journey of faith. But immediately he states with confidence that even if our entire life is surrounded by threats, nothing will ever be able to separate us from the love which Christ himself has obtained for us by his total self-gift. Even the demonic powers, which are hostile to man, stand powerless before the intimate union of love that exists between Jesus and whoever receives him in faith. This reality of the faithful love that God has for each one of us helps us to face life's daily journey, which sometimes passes quickly and at other times is slow and laborious, with serenity and strength.

Only man's sin can break this bond, and yet even in this case God will always seek man, he will run after him in order to reestablish a union with him that endures even after death; indeed, a union that reaches its culmination in the final encounter with the Father. This certitude gives new and full meaning to earthly life and opens us to hope for life beyond death.

Even their sins, our sins, are in the hands of God; those merciful hands, those hands “wounded” by love. It was not by chance that Jesus willed to preserve the wounds in his hands to enable us to know and feel his mercy. And this is our strength, our hope.

This reality, full of hope, is the prospect of the final resurrection, of eternal life to which the “just”, those who receive the Word of God and are docile to his Spirit, are destined.

## The Gospel of the Lord

### John 14:14-21

<sup>14</sup> If in my name you ask me<sup>[a]</sup> for anything, I will do it.

#### The Promise of the Holy Spirit

<sup>15</sup> "If you love me, you will keep<sup>[b]</sup> my commandments. <sup>16</sup> And I will ask the Father, and he will give you another Advocate,<sup>[c]</sup> to be with you forever. <sup>17</sup> This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in<sup>[d]</sup> you.

<sup>18</sup> "I will not leave you orphaned; I am coming to you. <sup>19</sup> In a little while the world will no longer see me, but you will see me; because I live, you also will live. <sup>20</sup> On that day you will know that I am in my Father, and you in me, and I in you. <sup>21</sup> They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them."

### Lord Jesus, I thirst for love.

Lord Jesus, You gave your life for me: I want give my life for you. Lord Jesus, you said: "There is no greater love than to give his life for his friends." My supreme master. It's late. The day is ending. Stay with me, Lord. I want to follow and carry my cross. Lord, come to my aid, and lead me in the way. Your voice, Lord, has a profound echo in my heart. Jesus, my Lord and my God, I wanna be like you, want to suffer and die with you, to achieve the joy of the resurrection. You, the great God who loves the world, You live in me night and day. And your voice always calls me and says, "I have thirst, I have thirst for love"! I also want to repeat your divine prayer: I have thirst for love. I have thirst for love! Satisfies my hope, increases in me, O Lord, your divine ardor. I have thirst for love!

What suffering, my God, how great!

How I would fly to you! Your love, Jesus, is my only martyrdom because the more I burn with love, my soul wants to love you more. Jesus, make me die of love for you!

(St. Therese of Liseux 30 September)

### Prayer for deliverance from evil

O Lord you are great, you are God, you are Father, we pray for the intercession and with the help of the archangels Michael, Gabriel, Raphael, so that our brothers and sisters may be freed from the evil one. From anguish, from sadness, from obsessions. We pray, deliver us o Lord!

From hatred, from fornication, from envy. We pray, deliver us o Lord!

From thoughts of jealousy, of anger, of death. We pray, deliver us o Lord!

From every thought of suicide and abortion. We pray, deliver us o Lord!

From all forms of bad sexuality. We beg you. Deliver us o Lord!

From family division, from every bad friendship. We pray, deliver us o Lord!

From any form of spell, workmanship, witchcraft and any occult evil. We pray, Deliver us o Lord!

Let us pray O Lord who said: "Peace I leave you, my peace I give you", through the intercession of the Virgin Mary, grant us to be freed from every curse and to always enjoy your peace. For Christ our Lord. Amen.

### Chaplet of Divine Mercy

### Rosary

God Bless You !!!

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