

72 HOURS FOR JESUS PRAYER GUIDE

Dear brothers and sisters,

This is a prayer guide for our daily meeting with Jesus in this marathon.

Let-s open our hearts to God, let-s have an intimate dialogue with Him , using our own words and knowing that He is hearing us .

Prayer to the Holy Ghost

by Saint Catherine of Siena

Prayer to the Holy Ghost

Holy Spirit, come into my heart;
draw it to Thee by Thy power,
O my God, and grant me charity with filial fear.
Preserve me, O ineffable Love, from every evil thought
; warm me, inflame me with Thy dear love,
and every pain will seem light to me.
My Father, my sweet Lord, help me in all my actions.
Jesus, love,
Jesus, love.
Amen.

Psalm 103

New Revised Standard Version Catholic Edition (NRSVCE)

Psalm 103

Thanksgiving for God's Goodness

Of David.

1 Bless the LORD, O my soul, and all that is within me, bless his holy name. 2 Bless the LORD, O my soul, and do not forget all his benefits— 3 who forgives all your iniquity, who heals all your diseases, 4 who redeems your life from the Pit, who crowns you with steadfast love and mercy, 5 who satisfies you with good as long as you live[a] so that your youth is renewed like the eagle's.

6 The LORD works vindication and justice for all who are oppressed. 7 He made known his ways to Moses, his acts to the people of Israel. 8 The LORD is merciful and gracious, slow to anger and abounding in steadfast love. 9 He will not always accuse,

nor will he keep his anger forever. 10 He does not deal with us according to our sins, nor repay us according to our iniquities. 11 For as the heavens are high above the earth, so great is his steadfast love toward those who fear him; 12 as far as the east is from the west, so far he removes our transgressions from us. 13 As a father has compassion for his children, so the LORD has compassion for those who fear him. 14 For he knows how we were made; he remembers that we are dust.

15 As for mortals, their days are like grass; they flourish like a flower of the field; 16 for the wind passes over it, and it is gone, and its place knows it no more. 17 But the steadfast love of the LORD is from everlasting to everlasting on those who fear him, and his righteousness to children's children, 18 to those who keep his covenant and remember to do his commandments.

19 The LORD has established his throne in the heavens, and his kingdom rules over all. 20 Bless the LORD, O you his angels, you mighty ones who do his bidding, obedient to his spoken word. 21 Bless the LORD, all his hosts, his ministers that do his will. 22 Bless the LORD, all his works, in all places of his dominion. Bless the LORD, O my soul.

Psalms 138

Thanksgiving and Praise

Of David.

1 I give you thanks, O LORD, with my whole heart; before the gods I sing your praise; 2 I bow down toward your holy temple and give thanks to your name for your steadfast love and your faithfulness; for you have exalted your name and your word above everything.[a]

3 On the day I called, you answered me, you increased my strength of soul.[b]

4 All the kings of the earth shall praise you, O LORD, for they have heard the words of your mouth. 5 They shall sing of the ways of the LORD, for great is the glory of the LORD. 6 For though the LORD is high, he regards the lowly; but the haughty he perceives from far away.

7 Though I walk in the midst of trouble, you preserve me against the wrath of my enemies; you stretch out your hand, and your right hand delivers me. 8 The LORD will fulfill his purpose for me; your steadfast love, O LORD, endures forever. Do not forsake the work of your hands.

Personal thanksgiving prayer in 5 points (let's open our hearts to the Lord)

1 We thank God for the gift of life and for the lives of our dears that have passed away.

2 We thank God for our daily suffering and difficulties but he said to me, "My grace is sufficient for you, for power[a] is made perfect in weakness." So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. 10 Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

2 Corinthians 12 :9-10

3 We abandon ourselves to God's will

"Father, if you are willing, remove this cup from me; yet, not my will but yours be done."
[[43 Then an angel from heaven appeared to him and gave him strength. 44 In his anguish he prayed more earnestly, and his sweat became like great drops of blood falling down on the ground.]]^[a] 45 When he got up from prayer, he came to the disciples and found them sleeping because of grief, 46 and he said to them, "Why are you sleeping? Get up and pray that you may not come into the time of trial."

Luke 22: 42-46

4 We are thankful for the earthly life of our Lord Jesus, Our Way, Truth and life

5 We pray our Lord to guide us for our daily discernment in life.

John 14:7-14

Revised Standard Version Catholic Edition

⁷If you had known me, you would have known my Father also; henceforth you know him and have seen him."

⁸Philip said to him, "Lord, show us the Father, and we shall be satisfied." ⁹Jesus said to him, "Have I been with you so long, and yet you do not know me, Philip? He who has seen me has seen the Father; how can you say, 'Show us the Father'? ¹⁰Do you not believe that I am in the Father and the Father in me? The words that I say to you I do not speak on my own authority; but the Father who dwells in me does his works. ¹¹Believe me that I am in the Father and the Father in me; or else believe me for the sake of the works themselves.

¹²"Truly, truly, I say to you, he who believes in me will also do the works that I do; and greater works than these will he do, because I go to the Father. ¹³Whatever you ask in my name, I will do it, that the Father may be glorified in the Son; ¹⁴if you ask^[a] anything in my name, I will do it.

PASTORAL VISIT TO SICILY

EUCCHARISTIC CELEBRATION IN THE VALLEY OF THE TEMPLES

HOMILY BY JOHN PAUL II

Agrigento - Sunday, May 9, 1993

"Lord, show us the Father" (Jn 14:8). In the culminating and concluding hour of Jesus of Nazareth's messianic activity, on the eve of his passion and death on the cross, the Apostles gathered in the upper room, and particularly Philip, asked the Master: "Lord, show us the Father." Jesus answers them: "Whoever has seen me has seen the Father... I am in the Father and the Father is in me" (Jn 14:9, 11). The disciples' last conversation with their Master is rich in profound content; in it converge, and in some way are encapsulated, the deepest elements of the good news. During his earthly mission, Jesus had continuously spoken of the Father, had always lived united to Him, and had referred everything to Him. He, who is entirely from Him and for Him, had commanded the disciples to pray to Him, calling Him "Our Father." At the moment of the Last Supper, in response to Philip's question, he says: "Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own authority, but the Father who dwells in me does his works... believe me that I am in the Father and the Father is in me" (Jn 14:10-11).

Who is God? The answer to this question is undoubtedly primary and fundamental for human life. The answers to the questions "Does God exist?" and "Who is God?" can be found abundantly in the Good News proclaimed by Christ. "No one has ever seen God; the only God, who is at the Father's side, he has made him known" (Jn 1:18). He has revealed God to us in His infinite glory. While remaining for us humans always a mystery, this God - Father, Son, and Holy Spirit - allows us to call Him by name. Already in the Old Covenant, His Name was revealed to men: Yahweh, "He who is." In the evangelical revelation, this Name of God, without losing its primordial identity, has in a certain sense been further opened to human understanding: "He who is," is Father, Son, and Holy Spirit. Through faith, believers have thus been given to know the inscrutable unity of the Trinity.

At the same time, this infinite and mysterious God, in His Only Begotten Son, has approached man in an ineffable way: in Him, the Word made flesh, God became man. For this reason, now man can see God: "Whoever has seen me has seen the Father" (Jn 14:9). But God has done even more: Christ, the Son of God, came among men as the Way to the Father. He himself, who comes from the Father and returns to the Father through his cross and resurrection, becomes for all of us the Way. Through Him, we also "go" to the Father: through Christ in the Holy Spirit. Through Him, we can participate in the fullness of the Truth and Life proper to God: Yahweh, that is, "He who is," is precisely this absolute divine Fullness, which in Christ is shared with us. "No one comes to the Father except through me" (Jn 14:6), says Jesus. In Him, human life finds its ultimate purpose in God, who reveals Himself as the eternal "dwelling place" for man, whose existence on earth is like a pilgrimage

in search of the Absolute. "In my Father's house are many rooms" (Jn 14:2): therefore, there are many who will dwell there.

Prayer for unborn babies

Lord Jesus, You who faithfully visit and fulfill with your Presence the Church and the history of men; You who in the miraculous Sacrament of your Body and Blood render us participants in divine Life and allow us a foretaste of the joy of eternal Life; We adore and bless you.

Prostrated before You, source and lover of Life, truly present and alive among us, we beg you.

Reawaken in us respect for every unborn life, make us capable of seeing in the fruit of the maternal womb the miraculous work of the Creator, open our hearts to generously welcoming every child that comes into life.

Bless all families, sanctify the union of spouses, render fruitful their love.

Accompany the choices of legislative assemblies with the light of your Spirit, so that peoples and nations may recognize and respect the sacred nature of life, of every human life.

Guide the work of scientists and doctors, so that all progress contributes to the integral well-being of the person, and no one endures suppression or injustice.

Give creative charity to administrators and economists, so they may realize and promote sufficient conditions so that young families can serenely embrace the birth of new children.

Console the married couples who suffer because they are unable to have children and in Your goodness provide for them.

Teach us all to care for orphaned or abandoned children, so they may experience the warmth of your Charity, the consolation of your divine Heart.

Together with Mary, Your Mother, the great believer, in whose womb you took on our human nature, we wait to receive from You, our Only True Good and Savior, the strength to love and serve life, in anticipation of living forever in You, in communion with the Blessed Trinity.

Pope Benedict XVI

The Divine Praises

Blessed be God.

Blessed be His Holy Name

Blessed be Jesus Christ, True God and True Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.
Blessed be the Great Mother of God, Mary Most Holy.
Blessed be her Holy and Immaculate Conception.
Blessed be her Glorious Assumption.
Blessed be the Name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most Chaste Spouse.
Blessed be God in His Angels and in His Saints.

May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

O Jesus, Living in Mary

O Jesus, living in Mary,
Come and live in Thy servants,
In the spirit of Thy holiness,
In the fullness of Thy might,
In the truth of Thy virtues,
In the perfection of Thy ways,
In the communion of Thy mysteries.
Subdue every hostile power
In Thy spirit, for the glory of the Father. Amen.

St. Louis de Monfort

(28th April)

Act of Consecration to Jesus Christ, the Incarnate Wisdom

Through the Blessed Virgin Mary

Chaplet of Divine Mercy

Rosary

God Bless You !!!